Priscilla Baily  Project Co-ordinator, Taking the Lead

Nick Cutts  Director, OPUS Music CIC
Music Leader, Taking the Lead
Taking the Lead on Music for Wellbeing

Connection

Confidence

Communication
Connection

‘Honest’ music-making
Connection

- ‘Honest’ music-making
- Ego-less
Connection

- ‘Honest’ music-making
- Ego-less
- Humour & shared joy
Communication

- Through music-making
Communication

- Through music-making
- Leading to discussions (memories/music)
Confidence

- Inspiring others to ‘have a go’
Confidence

- Inspiring others to ‘have a go’
- Improvisation: many paths to take
Confidence

- Inspiring others to ‘have a go’
- Improvisation: many paths to take
- Boosted by community of musicians
Taking the Lead on Music for Wellbeing

Evaluation Report
& Toolkit

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