## Derby Book Festival

## **Shared Reading** for Well-being

# Fancy joining us?

### Do you enjoy stories and poems? If so, Shared Reading could be for you!

In a Shared Reading group our thoughts: what we liked/didn't like, what we're reminded of, how a story or the readings and groups are welcoming and informal and there is no pressure to participate in any

Since 2017, our Shared Reading groups have taken as libraries, Derby College, supported housing and the

We also run groups online. Shared Reading is open to all and all groups are FREE to join.

Interested in joining a group or think you might want to volunteer to co-run a group (full training and support provided), please email shared.reading@derbybookfestival.co.uk for further information.

#### We'd love to hear from vou.



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